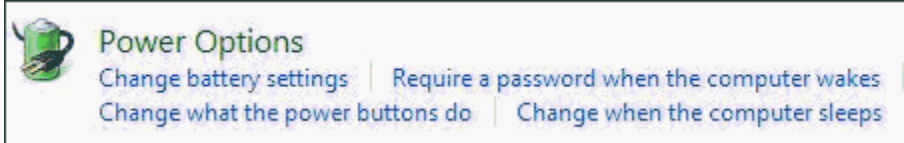


# IT Energy at MIT Initiative - Configuring Energy Savings Mode For Windows Vista

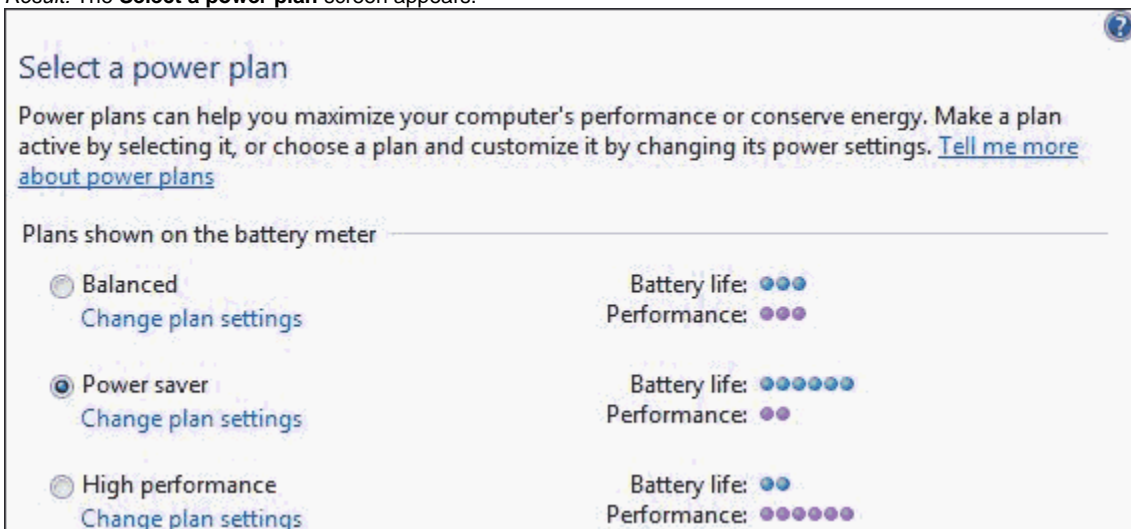
## IT Energy at MIT Initiative - Configuring Energy Savings Mode For Windows Vista

Below are the steps for configuring the energy savings mode on your computer with Windows Vista.

1. Go to **Control Panel > System and Maintenance**. Locate and click on the **Power Options** icon.




*Result:* The **Select a power plan** screen appears.





2. Click the **Power Saver** button.
3. IS&T recommends configuring the sleep and display settings as follows:
  - Turn off the display: On battery **3 minutes**, Plugged in **10 minutes**.
  - Put the computer to sleep: On battery **15 minutes**, Plugged in **1 hour**.

### Change settings for the plan: Power saver

Choose the sleep and display settings that you want your computer to use.


 On battery

 Plugged in


 Turn off the display:

3 minutes

▼


 10 minutes

▼

 Put the computer to sleep:

15 minutes

▼

 1 hour

▼

[Change advanced power settings](#)

[Restore default settings for this plan](#)


Save changes


Cancel

4. If you do *not* want advanced power settings, click **Save changes**.
5. If you want advanced power settings, click **Change advanced power settings**.  
*Result:* The **Advanced settings** screen appears.
6. IS&T recommends that you **Turn off hard disk after**:
  - **On battery:** 5 minutes
  - **Plugged in:** 20 minutes

Power Options

Advanced settings

 Select the power plan that you want to customize, and then choose settings that reflect how you want your computer to manage power.

 [Change settings that are currently unavailable](#)

Power saver [Active] ▼

+ Additional settings

- Hard disk

- Turn off hard disk after

On battery: 5 Minutes

Plugged in: 20 Minutes

+ Wireless Adapter Settings

+ Sleep

+ USB settings

+ Power buttons and lid

+ PCI Express

Restore plan defaults

OK

Cancel

Apply

7. Click **OK**.

## Related Links

