Apple Mail stops updating the emails

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Question:

My Apple Mail updates with the server fine when I first open it but then it stops receiving new messages. It's not updating with the server. What should I do?

Answer

Looks like this is a bug and has been discussed here: https://discussions.apple.com/message/11683607?messageID=11683607

A workaround for this issue has been posted here: https://discussions.apple.com/thread/2782607?threadID=2782607