The VPN agent service is not responding

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This article refers to the Cisco AnyConnect VPN. If you're looking for information on the Prisma Access VPN Beta that uses the GobalConnect app, see: Prisma Access VPN Landing Page.

If you're not sure which service you're using, see: [istcontrib:How do I know if I'm using the Cisco AnyConnect VPN or the Prisma Access VPN?]

When I try to open Cisco AnyConnect VPN Client, I get an error:

Cisco AnyConnect VPN Client

The VPN agent service is not responding. Please contact your IT administrator for assistance.

Context

Mac OS

Answer

This problem may occur because a background process on your computer has stopped running. The simplest way to fix this is to restart your computer.