How to Find Full Email Headers

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Answer

On this page:

outlook.office.com Outlook 2016 MS Outlook 2011 MS Outlook 2010. MS Outlook 2007. Apple Mail. Mozilla Thunderbird. Google Mail (Gmail).

outlook.office.com

- 1. Open up a web browser (Chrome, Firefox, Safari, etc.)
- 2. Log into https://outlook.office.com/
- 3. Right-click the appropriate message > View > View message details

Outlook 2016

Find Full Email Headers in Outlook 2016

MS Outlook 2011

- 1. Right-click on an email and click View Source.
- 2. The full headers should pop up in a box.

MS Outlook 2010.

- 1. Start MS Outlook 2010 and double-click the message to get it in its own window.
- 2. There are two ways to open the Properties window:
 - a. Click File to access the Backstage view, select the Info section, and click the Properties button. OR:
 - b. Go to the **Message** tab, find the **Tags** group (which is the fifth block over) and click the **Dialog Box Launcher** (a little button with an arrow on it).

Result: The full header information appears in the Internet headers box

MS Outlook 2007.

- 1. Start MS Outlook 2007 and double click the message to get it in its own window.
- 2. Go to the **Message** tab, and in the **Options** group (which is the fourth block over) click the **Dialog Box Launcher** (a little button with an arrow on it).

Result: The full header information appears in the Internet headers box.

Apple Mail.

- 1. Start Apple Mail.
- 2. Open the individual message.
- 3. Go to the **View** menu and select **Message** and then **Long Headers** or **All Headers**. *Result:* The full header information appears in place of the normal header.

Mozilla Thunderbird.

- 1. Start Mozilla Thunderbird.
- 2. Go to the \boldsymbol{View} menu and select $\boldsymbol{Headers}$ and then $\boldsymbol{AII}.$
- 3. Select the individual message. Result: The full header information appears in place of the normal header.

Google Mail (Gmail).

- 1. Open the individual message.
- 2. At the top-right corner of the message window, click the down arrow next to **Reply**, or select **More options**.

3. Click **Show original**.

Result: A new browser window will open showing full header information.