

# Using QuickBase's app templates and example modules

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QuickBase app templates are a great way to get ideas for use cases for QuickBase and to get a view into some simple and more complex QuickBase apps.

To look at QuickBase example apps:

- From the [QuickBase home page](#), select QuickBase Exchange.
- From the list on the left hand column, select Examples.

## QuickBase Help Guides for app templates

- [Video introduction](#)
- [Written instructions](#)