How to Find Full Email Headers

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Answer

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outlook.office.com

1. Open up a web browser (Chrome, Firefox, Safari, etc.)
2. Log into https://outlook.office.com/
3. Right-click the appropriate message > View > View message details

Outlook 2016

Find Full Email Headers in Outlook 2016

MS Outlook 2011

1. Right-click on an email and click **View Source.**
2. The full headers should pop up in a box.

MS Outlook 2010.

1. Start MS Outlook 2010 and double-click the message to get it in its own window.
2. There are two ways to open the Properties window:
    a. Click **File** to access the **Backstage view**, select the **Info** section, and click the **Properties** button. OR:
    b. Go to the **Message** tab, find the **Tags** group (which is the fifth block over) and click the **Dialog Box Launcher** (a little button with an arrow on it).
    Result: The full header information appears in the *Internet headers* box

MS Outlook 2007.

1. Start MS Outlook 2007 and double click the message to get it in its own window.
2. Go to the **Message** tab, and in the **Options** group (which is the fourth block over) click the **Dialog Box Launcher** (a little button with an arrow on it).
Result: The full header information appears in the *Internet headers* box.

Apple Mail.

1. Start Apple Mail.
2. Open the individual message.
3. Go to the **View** menu and select **Message** and then **Long Headers** or **All Headers**.
Result: The full header information appears in place of the normal header.

Mozilla Thunderbird.

1. Start Mozilla Thunderbird.
2. Go to the **View** menu and select **Headers** and then **All**.
3. Select the individual message.
   Result: The full header information appears in place of the normal header.

Google Mail (Gmail).

1. Open the individual message.
2. At the top-right corner of the message window, click the down arrow next to **Reply**, or select **More options**.
3. Click **Show original**.
   Result: A new browser window will open showing full header information.