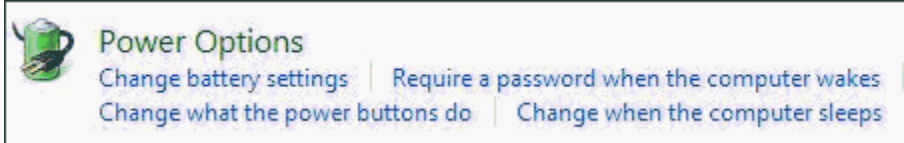


# IT Energy at MIT Initiative - Configuring Energy Savings Mode For Windows Vista

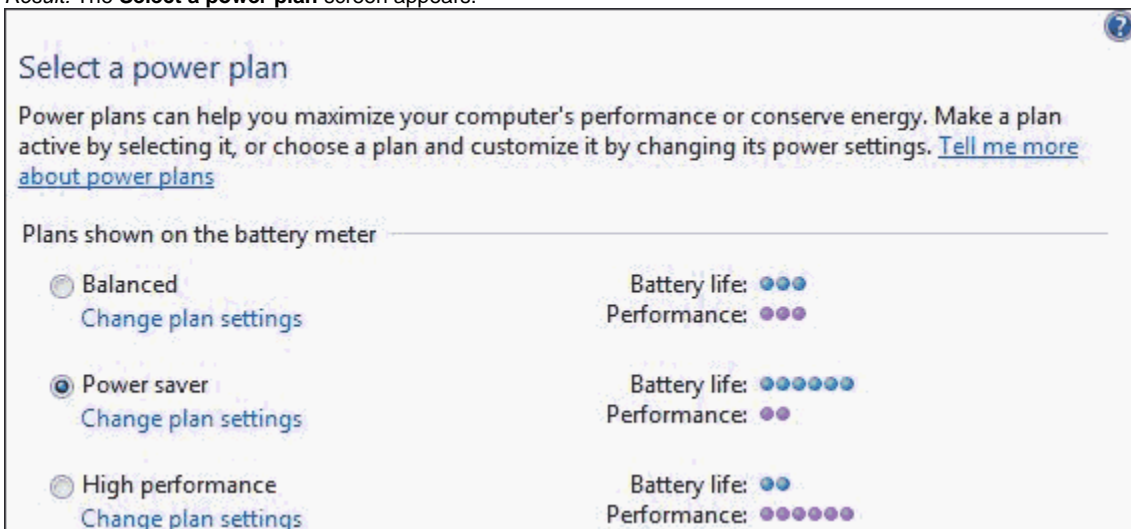
## IT Energy at MIT Initiative - Configuring Energy Savings Mode For Windows Vista

Below are the steps for configuring the energy savings mode on your computer with Windows Vista.

1. Go to **Control Panel > System and Maintenance**. Locate and click on the **Power Options** icon.




Result: The **Select a power plan** screen appears.





2. Click the **Power Saver** button.
3. IS&T recommends configuring the sleep and display settings as follows:
  - Turn off the display: On battery **3 minutes**, Plugged in **10 minutes**.
  - Put the computer to sleep: On battery **15 minutes**, Plugged in **1 hour**.


### Change settings for the plan: Power saver

Choose the sleep and display settings that you want your computer to use.

 On battery

 Plugged in

 Turn off the display: 3 minutes

 Put the computer to sleep: 15 minutes


10 minutes

1 hour


[Change advanced power settings](#)  
[Restore default settings for this plan](#)


Save changes
Cancel

4. If you do *not* want advanced power settings, click **Save changes**.
5. If you want advanced power settings, click **Change advanced power settings**.  
*Result:* The **Advanced settings** screen appears.
6. IS&T recommends that you **Turn off hard disk after:**
  - **On battery:** 5 minutes
  - **Plugged in:** 20 minutes

 Power Options

Advanced settings

 Select the power plan that you want to customize, and then choose settings that reflect how you want your computer to manage power.

 [Change settings that are currently unavailable](#)

Power saver [Active]

☒ Additional settings

☒ Hard disk
 

☒ Turn off hard disk after  
 On battery: 5 Minutes  
 Plugged in: 20 Minutes

☒ Wireless Adapter Settings

☒ Sleep

☒ USB settings

☒ Power buttons and lid

☒ PCI Express

Restore plan defaults

OK
Cancel
Apply

7. Click **OK**.

## Related Links

