

# How do I pause a CrashPlan (Formerly Code42) backup?

## Q: How do I pause a CrashPlan (Formerly Code42) backup?



**CrashPlan and Code42 are the same application/service.** Crashplan was renamed Code42 after it was sold, then renamed again back to CrashPlan after it was sold again. Which name you see in the product, filenames, or paths depends on what version you are using. For the purposes of this documentation, the names are used interchangeably and refer to the same product.

The new vendor website for Crashplan is: <https://www.crashplan.com/>

## Context

Because Code42 is always working to provide you with incremental backups, it also uses a lot of bandwidth. When you're traveling or at home, you may prefer to pause Code42's backup engine to avoid reaching data limits or incurring overage charges that may apply to your personal accounts.

You may also want to pause its background efforts if you're doing some very computationally intensive work.

## How to pause Code42

1. Sign in to the Code42 app.
2. From the Code42 app menu:
  - Windows: Select Tools > Pause Code42
  - Mac: Select File > Pause Code42
  - Linux: Select Tools > Pause Code42

The Code42 service is paused for 1 hour.

Code42 cannot run if your computer is off or asleep. You may need to optimize your energy settings to ensure Code42 can operate during the selected time periods.