

# How do I recover deleted email in my Exchange email account?

## Q: How do I recover deleted email in my Exchange email account?

### Answer

Email placed within the deleted items folder is automatically scheduled to purge in 14 days. Beyond that limit, email can be retrieved for another 14 days via the "Dumpster", an Exchange feature within Outlook 2010 or Outlook Web App (OWA).

For more information, see:

- [jstcontrib:OWA Deleted Email and Deleted Email Recovery 2010][OWA Deleted Email and Deleted Email Recovery 2010](#)
- [Outlook 2010: Retrieve deleted email](#)
- [How do I recover deleted Exchange email, calendar or other items using Outlook for Mac 2011?]