

# Is information on Stellar backed up regularly?

**Q: Is information on Stellar backed up regularly?**

**Answer**

Yes. All data files are kept on two separate systems with redundant disks at all times to ensure that we do not lose your data.

**For Helpdesk Consultants:**

If this article does not resolve the issue, please gather the information and follow the instructions listed on the [Stellar Recon page](#) .