Recover Deleted Items in O365

Context

When you delete an item (email, calendar event, task, etc.), it is moved to your Deleted Items folder. Depending on your settings, these are purged from your Deleted Items folder periodically, usually after about 30 days. You can recover items still in your Deleted Items folder (see below) or that have been purged from your Deleted Items Folder within the last 30 days. Once items have been purged from your Deleted Items folder for more than 30 days, they are permanently gone and can not be recovered.

⚠️ In some cases, it may not be possible to recover items that were deleted using an IMAP protocol configured client.

Recover Deleted Items

- Outlook on the Web
- Outlook for Windows

- Outlook for Mac - Recovering deleted items is not currently supported in the application. Use Outlook on the Web (see above).