How do I update Sophos Anti-Virus?

Q: How do I update Sophos Anti-Virus?

By default, Sophos Anti-Virus for Windows, OS X, and Linux automatically checks for the latest virus definition and engine updates every hour (60 minutes). If Sophos is installed properly, forcing the client to update – as detailed – is not necessary.

Select your operating system:

Windows
MacOS

Windows

1. Locate the Sophos Anti-Virus icon in the Windows task bar.

2. Right-click the Sophos Anti-Virus icon and select Update Now.

3. A window detailing the progress of the update will be displayed and automatically close upon success.

4. You can double-check that the update was successful by moving your mouse over the Sophos Anti-Virus icon in the task bar and viewing the timestamp of the last update.

MacOS
1. Locate the Sophos Anti-Virus icon in the MacOS menubar.

2. Right-click (command + click) on the Sophos Anti-Virus icon and select **Update Now**.

3. A window detailing the progress of the update will be displayed.

4. When the window displays the message, "Sophos Anti-Virus is up to date" you may close the window.